

TRAVEL NEWS – Martin Andersen Senior Center, in conjunction with North Brevard Senior Center, offers escorted trips. All trips include round-trip motor coach transportation, show admission, taxes & bus driver gratuities. For more information contact Betty Jo Townsend - 632-9302 or Jean Paugh at *All About You Travel* – 631-8080.

Watch for new, exciting escorted day trips in our next newsletter!

CHORAL GROUP – We will be on summer break June through August. Rehearsals will resume on Tuesday, September 10. If you like to sing, please join us. We entertain at local nursing homes and assisted living facilities. Director Rita Rhinehart.

Dancing Classes:

BALLROOM DANCE CLASS

Class is held on Fridays at 2:00 pm in Building #1. Instructor is Barbara Bristol, 321-452-1944. Donation \$1.00 members, \$2.00 non-members.

LINE DANCING – Beginning & Intermediate

Class is held on Tuesdays in Building #1. Beginners at 12:00 pm, Intermediate at 12:30 pm. Instructors Vera Ward and Joan Fryman. Donation \$1.00 members, \$2.00 non-members.

LINE DANCING - Advanced

Class is held on Mondays at 12:30 pm, and Fridays at 12:00 pm in Building #1. Instructors Vera Ward & Joan Fryman. Donation \$1.00 members, \$2.00 non-members.

INTERMEDIATE TAP

Class meets on Mondays & Thursdays, 10:30 am in Building #1. Contact Bette Shorridge at 631-0689 for details. \$5.00 members, \$6.00 non-members.

Saturday Dances

Doors open at 7:00 pm

- . Free snacks and ice. Donation \$5.00 members, \$6.00 non-members.

May 11 - Come celebrate Mother's Day! . Music by Janice & Rene.

May 25 - Memorial Day Celebration. Music by Steve Kirsner & Friends.

June 8 – Honoring Flag Day. Music by Janice & Rene.

Fitness Classes:

ROCKERETTES EXERCISE

Exercise to improve your balance and range of motion. Join us every Tuesday and Thursday at 9:10 am in Building #1. Instructor is Blanche Martin. Donation \$1.00 members, \$2.00 non-members.

YOGA

Class is designed to be gentle and flowing with a holistic approach. Anyone can find great benefits from the practice of Yoga. Join us Tuesdays at 2:00 pm in Building #2. Instructor Ruby Saunders. \$6.00 members, \$7.00 non-members.

ZUMBA!

Work out to exciting Latin rhythms: salsa, cha cha, reggae, calypso, swing and more. Fridays at 10:30 am in Building #1. Instructor Beth Rodamer. \$5.00 members, \$6.00 non-members.

Medicare Decisions Made Easy

Join us for an educational seminar and short talk simplifying Medicare Basics. Get answers to your questions.

- Wednesday, May 1st
- Wednesday, June 5th
- Wednesday, July 10th
- Wednesday, August 7th

Building #1

10 am – 11 am

NOTE: Martin Andersen Senior Center will be closed Memorial Day, Monday, May 28. Monday ACBL Bridge and Party Bridge games will be held as usual. The office will be closed. Happy Holiday!